

February 2024



This year we have the luxury of having an extra day to spend with loved ones, engage in our favorite activities, or continue to give back in whatever way we choose. Each day you choose to give your time to the community you love in various ways and the work you provide truly makes an impact on those you serve.

The RSVP team has been out and about visiting our community partners who all express their gratitude for you, but in the same breath share that they still need more volunteers. This is where you as our dedicated volunteers can help spread the word and encourage your family and friends to give back as you do. This February we are asking community members to take the leap to give back through service. If you know of anyone aged 55+ who is interested in volunteering, please have them contact the RSVP office at (505) 767-5225.

Last month the RSVP staff and volunteers participated in the MLK Day of Service where we assembled over 1,200 bags of pasta which will be placed in food boxes that will be distributed throughout the state of New Mexico. It was a wonderful experience for our team to be able to work alongside our amazing volunteers. Thank you to Road Runner Food Bank for hosting this event. We appreciate all that you do to provide nourishing food to New Mexicans!

We also hosted our 2024 RSVP Pinning Ceremony where 81 volunteers were recognized and received pins for 5,10,15,20, and 25 years. Congratulations to all of our volunteers who received pins! For a full list of honorees see page 3 of this newsletter. We would also like to recognize United Healthcare and Oakstreet Health for sponsoring this event. We appreciate your generosity and support for the program.

Lastly, the RSVP Advisory Council is offering the opportunity for RSVP volunteers to apply for a grant to fund their community project. The grant enables RSVP volunteers to enhance their community projects to make a greater impact in Bernalillo County. Applications are available via the RSVP office and the RSVP website at www.cabq.gov/rsvp. The deadline to apply is 5:00 pm on Friday, February 16, 2024. If you have questions regarding the application process please contact the RSVP office.

Thank you for your continued dedication to serving our community. We appreciate every one of you!

Until we see each other again, be well and stay safe.

Cristina, Isaiah, & Mailiya

AmeriCorps Seniors RSVP promotes the engagement of older persons as community resources in planning for community improvement and in delivery of volunteer services.

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DSA Administration



Anna Sanchez, Director

Chris Sanchez
Deputy Director

Nikki Peone
Associate Director

Natasha Montoya
Community Volunteer
Engagement Manager

RSVP Staff

Cristina Romero-Baca
RSVP Supervisor

Isaiah Valenzuela
RSVP Volunteer Coordinator

Mailiya Williams
RSVP Office Assistant

RSVP Office

714 7th Street SW
Albuquerque, NM 87102
505-767-5225

Office Hours

Monday -Friday 8:00
a.m.-5:00 p.m.

Updates & Reminders

Important Dates

- 2/1: First day of Black History Month
- 2/2: Groundhog Day
- 2/10: Lunar New Year
- 2/11: Super Bowl LVIII
- 2/13: New Volunteer Orientation
- 2/13: Mardi Gras
- 2/14: Valentine's Day
- 2/14: Ash Wednesday
- 2/19: CLOSED - Presidents' Day



RSVP Advisory Council Grant

The 2024 RSVP Advisory Council Grant application will be available starting January 2nd and is due no later than 5:00 pm on February 16th.

This grant enables RSVP volunteers to enhance their community projects to make a greater impact on the Bernalillo County community. Interested applicants can pick up an application at the RSVP office or download it from the RSVP website at www.cabq.gov/rsvp beginning January 2, 2024.

For questions regarding this grant, please contact RSVP Supervisor Cristina Romero-Baca at (505) 767-5225.

Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelvas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

Advisory Council Members

President

Amy Fisher

Vice President

Sonyia Hartwell

Secretary

Andrea Garcia-Lansford

Judy Spear

Marlene Sena

Tomas Lujan

Greg Hallstrom

Mary Anaya

Millie Martinez

Marie Morra

Dorothy Garcia

Michele Watkins

Spotlight

This month we shine the spotlight on ...
2024 RSVP Pinning Ceremony Honorees



5 years

- | | |
|-------------------|-------------------------|
| Patricia Appel | Joseph Marino |
| Lorraine Baca | Esther Martinez |
| Alyce Bixter | Izela Martinez |
| Barbara Bonner | Donald Meaders |
| Patsy Campbell | Daniel Moya |
| Pablo Candelaria | Delores Munson |
| Barbara Carroon | Stephen Nowaczek |
| Charles Chavez | Paul Nunez |
| Patricia Chavez | Roy Reed |
| Beth Ciccone | Lelsley Schaffer-Scholz |
| Melida Collymore | Nancy Thompson |
| Rosemary Davidson | Vickie Towne |
| Clorinda Fisher | Bernard Urbassik |
| Rodney Getting | Nancy Wenner |
| William Hammetter | David Wimsatt |
| Rose Hendrickson | Richard Wittsell |
| Nettie Hunter | Yingjian Zhang |
| Linda Lentz | |
| Joe Lopez | |
| Lucy Lopez | |
| Gary Day | |
| Thomas Lujan | |

10 years

- | | |
|-------------------|-------------------|
| Dolores Angel | Ellen Guest |
| Donna Bauer | Rona Hammetter |
| Harriet Berry | Carol Ifverson |
| Marianne Billiot | Karen Jonak |
| Leslie Brault | Marti Kessler |
| Mary Cook | Pat Lauffenburger |
| Cathy Dahms | Carolyn Rigirozzi |
| Guy Dahms | Rita Romero |
| Beatrice Encinias | Ramona Simmons |
| Shirley Fleming | Richard Swanson |
| Alicia Fletcher | Josie Tennant |
| Mary Garcia | Vickie Towne |
| Rodney Getting | Dolores Trull |
| Margaret Gill | Robert Wood |
| Annette Gorenz | |

15 years

- | | |
|-----------------|------------------|
| Jan Caron | Louise Kimbrough |
| Cecilia Delgado | Juanita Rohde |
| Bonny Dumond | Thomas Ware |
| Viola Hurtado | Bob Wilson |
| Maria Ikenberry | |

20 years

- Ron Mansoldo
- Ila McCrea
- Marie Morra
- Raymond Upson

25 years

- Millie Martinez

Congratulations!

We can't wait to see the amazing contributions you all will continue to make within our program and the Albuquerque Community in the years to come.

VOLUNTEER YEAR-ROUND at the Balloon Museum



WHERE THINGS ARE ALWAYS LOOKING UP

Year-Round Volunteer Opportunities

- o Special Event Support
- o Collections & Archive Cataloging
- o Interactive Elevation Station Host
- o Greeter
- o Field Trip Support
- o Museum Guide

Year-Round Volunteer Benefits o

- o Fun & Fulfilling Volunteer Opportunities throughout the Year
- o Invitation to Training Sessions for Development & Growth
- o Volunteer Enrichment & Social Activities
- o Annual Appreciation Event for Year-Round Volunteers
- o Free Admission to the Balloon Museum
- o 10% Discount at the Balloon Museum Shoppe

How to Become a Year-Round Volunteer o

Register online at One Albuquerque Volunteers www.oneabqvolunteers.com

(includes consent for a background check, plus liability & photo waivers)

- o 2-hour Orientation at the museum
- o Work 4 or more 3-hour shifts per year (not including Fiesta Week)

Questions about joining our Volunteer Crew?

Contact Diane Short, Outreach and Volunteer Coordinator

dshort@cabq.gov | (505) 768-6032



9201 Balloon Museum Drive NE
311 or (505) 768-6020 | www.cabq.gov/balloon



Celebrations

February Birthdays

2nd **Steven Hilliard**
Christine Smith

4th **Jerry Sena**

7th **Amy Berger**

12th **Shirley Fleming**
Shirley Mejia

14th **Michael Owen**

15th **Michael J. Quinn**

16th **Marie Pacheco**

17th **Mary Anaya**

20th **Marie Morra**



21st **Laura Ann Jennings**
Jeanine Steidle

Cecilia R. Delgado
22nd **Delores McKinney**
Madaline Yazell

23rd **John Melvin Lewis**

Leslie Brault
24th **Marianna Breton**
Lynn Ann Keller

25th **Rafaelita Alderete**
Carolina Ware

27th **Cathy L. Sanchez**

29th **Mary Jo Daniel**

Coming soon!

The Department of Senior Affairs is excited to announce the opening of our newest multigenerational center!

Located at Santa Barbara-Martineztown Park at 1825 Edith Blvd NE, this new facility will offer services for both youth and seniors including meals, out-of-school programs, a computer lab, and community meeting space.

Stay tuned for more details, including how to participate in the Grand Opening happening in Spring 2024!

THANK YOU!

To our event sponsors for helping us make the 2024 AmeriCorps Seniors RSVP Pinning Ceremony a roaring success!



Opportunities

Volunteer Stations

Adelante Development Center
Albuquerque Bio Park Education
Albuquerque Little Theater
Albuquerque Museum
Albuquerque Police Department
Albuquerque Reads
Alzheimers Association
Anderson/Abruzzo International
Balloon Museum
Animal Welfare Department
Aviation Department
Barelas Senior Center
Bear Canyon Senior Center
BernCo Senior & Social Services
Department
Catholic Charities
City of Albuquerque Open Space
DSA Advisory Council
DSA Case Management
DSA Home Services
DSA Information & Assistance
DSA Nutrition
DSA Satellite Meal Sites
DSA Sports & Fitness

DSA Transportation
DSA Volunteers in Action
Every Ability Plays Project
Explora Science Center
Friends of Valle de Oro
Highland Senior Center
Hospice De La Luz
Indian Pueblo Cultural Center
Joy Junction
Los Volcanes Senior Center
Lovelace Women's Hospital
Manzano Mesa Multigenerational
Center
Maxwell Mus. of Anthropology
Meals on Wheels
Musical Theatre Southwest
Nat. Hispanic Cultural Center
New Mexico Kids Matter
New Mexico Ramp Project
New Mexico Veterans Memorial
NM Museum of Nat. Hist. and
Science
NM Aging & Long-Term Services

NM Commission for the Blind
NM Long-Term Care Ombudsman
North Domingo Baca M.C.
North Valley Senior Center
Palo Duro Senior Center
Popejoy Hall
Presbyterian Healthcare Services
Presbyterian Northside
ProMedica Hospice
Read to Me Albuquerque Network
Roadrunner Food Bank
Ronald McDonald House Charities
RSVP
RSVP Advisory Council
Storehouse
Tender Love Community Center
University Hospital
VA Center for Development and
Civic Eng
Visit Albuquerque
Western Sky Community Care
Wings For LIFE International



Special Projects



Drivers Needed

The Department of Senior Affairs is in need of more volunteer drivers for senior center activities such as aquatics, field trips, hiking groups, fishing clubs.

Information & Assistance

























DSA I&A is looking for volunteers to assist with providing senior resource materials at local outreach events.

NM Ramp Project

The New Mexico Ramp Project is a 501(c)3 nonprofit community-based organization looking for volunteers to 'Build independence for those in Need'.

The Department of Senior Affairs Senior Meal Program is proud to be part of the New Mexico Grown state initiative to provide locally sourced fruits, vegetables, beans, and chile, ensuring our seniors a healthy meal.



Monday	Tuesday	Wednesday	Thursday	Friday
29 ♦ Texas chili: ground beef, kidney beans ♦ Corn bread ♦ Succotash ♦ Diced pears ♦ 1% milk 	30 ♦ Pork egg rolls w/sweet & sour sauce ♦ Rice pilaf ♦ Oriental vegetable blend ♦ Fortune cookie ♦ 1% milk 	31 ♦ Omelet w/bell pepper and onion ♦ Diced potatoes ♦ Stewed tomatoes ♦ Jell-O ♦ 1% milk 	1 ♦ Roasted lemon chicken ♦ Sweet potato ♦ Steamed broccoli ♦ Tapioca pudding ♦ 1% milk 	2 ♦ Baked Cajun salmon over brown rice ♦ Brussel sprouts ♦ Steamed carrots ♦ Pineapple ♦ 1% milk 
5 ♦ Pasta primavera ♦ Steamed broccoli ♦ Dinner roll w/margarine ♦ Sliced apples ♦ 1% milk 	6 ♦ Tilapia over brown rice w/lemon sauce ♦ Cauliflower ♦ Green beans ♦ Banana ♦ 1% milk 	7 ♦ Memphis dry-rubbed chicken ♦ Peas & carrots ♦ Cornbread ♦ Mandarin orange ♦ 1% milk 	8 ♦ Beef tips w/bowtie pasta ♦ Normandy blend vegetables ♦ Cherry cobbler ♦ Dinner roll w/margarine ♦ 1% milk 	9 ♦ Pork chop w/brown gravy ♦ Mashed potatoes ♦ Roasted Brussel sprouts ♦ Vanilla pudding ♦ 1% milk 
12 ♦ Chicken fajitas ♦ Mac-n-cheese ♦ Collard greens ♦ Orange ♦ 1% milk 	13 ♦ Turkey w/gravy ♦ Mashed potatoes w/gravy ♦ Steamed broccoli ♦ Dinner roll w/margarine ♦ Peaches ♦ 1% milk 	14 ♦ Ham and potato soup ♦ Steamed carrots ♦ Brussel sprouts ♦ Sugar cookie ♦ 1% milk 	15 ♦ Red chile beef enchilada ♦ Corn ♦ Pinto beans ♦ Jell-O ♦ 1% milk 	16 ♦ Baked cod w/tartar sauce ♦ Buttered noodles ♦ Succotash ♦ Mixed fruit ♦ 1% milk 
19 	20 ♦ Baked ham w/pineapple sauce ♦ Sweet potatoes ♦ Italian blend ♦ Vanilla pudding ♦ 1% milk 	21 ♦ Teriyaki chicken ♦ White rice ♦ Green beans ♦ Apple slices ♦ 1% milk 	22 ♦ Baked ziti ♦ Zucchini ♦ Garlic bread stick ♦ Yogurt ♦ 1% milk 	23 ♦ Steak fingers w/white gravy ♦ Cauliflower ♦ Sweet potato ♦ Brownie ♦ 1% milk 
26 ♦ Carne adovada, red chile ♦ Flour tortilla ♦ Collard greens ♦ Spanish rice ♦ Orange ♦ 1% milk 	27 ♦ Chicken soft tacos ♦ Spanish rice ♦ Corn w/red peppers ♦ Cookie ♦ 1% milk 	28 ♦ Cheeseburger ♦ Baked beans ♦ Steamed carrots ♦ Peaches ♦ 1% milk 	29 ♦ Swedish meatballs w/gravy ♦ Steamed green beans ♦ Blueberry cobbler ♦ 1% milk 	1 ♦ Salmon w/garlic sauce ♦ Angel hair pasta w/diced tomatoes ♦ Spinach ♦ Jell-O ♦ 1% milk 